



**FREE COMMUNICATIONS - APPLIED/ SCIENTIFIC SESSIONS
INSTRUCTIONS FOR AUTHORS SUBMITTING ABSTRACTS**

The ITF is calling for the submission of abstracts to be presented at the 14th ITF Asian Coaches Conference to be held in Shenzhen, China from 27 October – 2 November 2008. These presentations will be known as FREE COMMUNICATIONS APPLIED/ SCIENTIFIC SESSIONS. They will be in the lecture room and the duration of each presentation will be **15 minutes** maximum including time for questions.

Abstracts should encompass different areas of sport science as applied to tennis: **Psychology, Methodology and Training Systems, Sports Medicine and Physiology, Nutrition, Biomechanics and Technical Analysis, Physical Conditioning, Working with Disabled players, Tactics and Match Charting.**

PREPARATION OF MANUSCRIPT: The proceedings will be available at the Workshop in book form, and will include all the abstracts presented orally at the Workshop. For the preparation of the manuscript please adhere to the instructions below:

Language: Manuscripts should be in English. **Length:** Size of the box provided in the abstract form (inclusive of any diagrams and/or photos). **Page size:** A4 (210 × 297 mm). **Text:** Fully (left and right) justified. **Text Font:** Arial, 10 pt. **Spacing:** Single line spacing and 0 pt spacing before and after paragraphs, but 1 line before and after sections. **Title of the paper:** In bold, centred, font size 12 pt. In capitals only the first word, rest of the title in lower case.

Authors' names and affiliations: Font size 10 pt., not bold, centred and should conform to the following style:

Miguel Crespo¹ and Alberto Riba²

¹International Tennis Federation, Roehampton, UK

²Royal Spanish Tennis Federation, Barcelona, Spain

Structure: Abstracts should have the following structure as far as possible: **Introduction** (rationale for the research and citing the primary literature sources); **Methods** (research design, data collection and analysis); **Results and Discussion** (results and comparison with other research), **Conclusion** (implications and applications of the work) and **References**.

References: Font size 8 pt., listed alphabetically and should conform to the following style (do not leave blank lines between references). A maximum of 5 references is suggested:

Elliott, B. & Marsh, T. (1990). The forehand approach in tennis. *Sports Coach*, October-December, 11-15.

Elliott, B. (1989). Biomechanics of tennis. In C. Vaughan (Ed.), *Biomechanics of Sport* (pp.264-285). London: CRC Press.

Note: Please conform strictly to the instructions, as this will help the editors produce the highest quality of proceedings.

SUBMISSION: Abstracts should be submitted electronically to scott.over@iftennis.com using the official abstract form of the 14th ITF Asian Coaches Conference. In addition, authors are requested to complete the "Assignment of Copyright" and the Submission General Details. Submission deadline is **31st July 2008**.

REFEREEING AND EDITING: Refereeing will take place and will assess both academic quality and also the standard of English. Authors will be informed of their acceptance or otherwise. If modification is deemed necessary, final submission of revised abstracts must be made by 31st August 2008.

REGISTRATION: Presenters need to register as a delegate to present. No abstracts will be included if they are not presented on-site. **Only one presenter per paper will be accepted at the Workshop.**

Model of the official abstract form of the 14th ITF Asian Coaches Conference

The title of the paper is in bold, centred, font size 12 pt. In capitals only the first word, the rest of the title goes in lower case.

The authors' names and affiliations are written in font size 10 pt., not bold, centred and should conform to the following style: Miguel Crespo¹ and Alberto Riba²

¹*International Tennis Federation, Roehampton, UK*

²*Royal Spanish Tennis Federation, Barcelona, Spain*

Introduction

Rationale for the research and citing the primary literature sources. The text goes fully (left and right) justified with the text font: Arial, 10 pt. With single line spacing and 0 pt spacing before and after paragraphs, but 1 line before and after sections.

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Methods

Research design, data collection and analysis. The text goes fully (left and right) justified with the text font: Arial, 10 pt. With single line spacing and 0 pt spacing before and after paragraphs, but 1 line before and after sections.

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Results and Discussion

Results and comparison with other research. The text goes fully (left and right) justified with the text font: Arial, 10 pt. With single line spacing and 0 pt spacing before and after paragraphs, but 1 line before and after sections.

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Conclusion

Implications and applications of the work. The text goes fully (left and right) justified with the text font: Arial, 10 pt. With single line spacing and 0 pt spacing before and after paragraphs, but 1 line before and after sections.

The text goes fully (left and right) justified with the text font: Arial, 10 pt. With single line spacing and 0 pt spacing before and after paragraphs, but 1 line before and after sections. The text goes fully (left and right) justified with the text font: Arial, 10 pt. With single line spacing and 0 pt spacing before and after paragraphs, but 1 line before and after sections. The size of the abstract is the space of the box.

References.

Font size 8 pt., listed alphabetically and should conform to the following style (do not leave blank lines between references). A maximum of 5 references is suggested.

Balaguer, I., Duda, J.L. & Crespo, M. (1999). Motivational climate and goal orientations as predictors of perceptions of improvement, satisfaction and coach ratings among tennis players. *Scandinavian Journal of Medicine and Science in Sports*, 9: 381-388.

Elliott, B. (1989). Biomechanics of tennis. In C. Vaughan (Ed.). *Biomechanics of Sport* (pp.264-285). London: CRC Press.

Tilden, W.T..(1968). *How to play better tennis*. NY: Cornerstone Library.



SUBMISSION GENERAL DETAILS

Title of Paper:	
Author(s) (Affiliations):	
Presenter's Name:	
Affiliation/Job Title:	
Address:	
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Telephone:	
Facsimile:	
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Area to which the paper is presented (tick one):

- | | |
|--|---|
| <i>Biomechanics / Technical analysis</i> | <i>Sports Medicine / Physiology</i> |
| <i>Development, planning, marketing</i> | <i>Tactics / Match charting</i> |
| <i>Nutrition</i> | <i>Training / Teaching Methodology / Coaching</i> |
| <i>Physical conditioning</i> | <i>Working with disabled players</i> |
| <i>Psychology</i> | <i>Other</i> |

Method of presentation (tick one):

- | | |
|-----------------|---------------------|
| <i>On court</i> | <i>Lecture room</i> |
|-----------------|---------------------|

ASSIGNMENT OF COPYRIGHT

Important: Please complete this form

As part of your submission of a paper to the 14th International Tennis Federation Asian Coaches Conference and publication in the Conference Proceedings, as presenter you declare to ITF Licensing (UK) Ltd (ITF) that your paper contains no libellous, defamatory, obscene, privileged or improper material, and that it is an original work and is in no way whatever a violation of any existing copyright. You will indemnify the ITF against any loss or damage occasioned to them in consequence of any breach of warranty.

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I hereby understand and acknowledge the above letter of agreement (tick one): yes no

(Please note that no abstract will be accepted with the assignment of copyright properly completed).



14th ITF Asian Coaches Conference
Shenzhen, China
27 October – 2 November 2008

Abstract for the 14th ITF Asian Coaches Conference

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Many thanks for your interest and contribution.