

"Quality Coaching for the Future"

Monday 17/10/05 Participants arrive. Registration and dinner at the Hotel.

DAY 1			DAY 2			
Tuesday 18/10/05			Wednesday 19/10/05			
8.30-9.00 Workshop Opening (LR)			8.30-9.30 The role of the coach in helping parents have a positive role in tennis talent development(LR) Dan Gould (USA)			
9.00-9.30 ITF and development (LR) Dave Miley (ITF)			9.45-10.45 Quality in technical skills and tactical values (OC) Frank van Fraayenhoven (NED)			
9.30-10.00 Quality coaching for the future (LR) Miguel Crespo (ITF)			10.45-11.15 Coffee-break			
10.00-10.30 Coffee-break			11.15-12.15 Tactics for advanced clay court tennis (OC) Gustavo Luza (ARG)			
10.30-11.30 Understanding the practical application of tactical styles in the men's game (OC) Craig Tiley (RSA)			12.30-13.30 Dynamic flexibility and strength training for tennis (OC) Paul Roetert (USA)			
11.45-12.45 Coaching female players (OC) Steven Martens (BEL)			13.30-15.30 Lunch, free time, films (LR), ITN Test (OC)			
13.00-13.30 Wilson: The world of racket sports (LR) Patrick Hebling (GER)			15.30 -16.30 Shot tolerance and court positioning in singles and doubles play (OC) Eliot Telscher (USA)			
13.30-15.00 Lunch, free time, films (LR), ITN Test (OC)			16.30-17.00 Coffee-break			
15.00-16.00 Game based approach applied to training high performance players (OC) Louis Cayer (CAN)			17.00-18.15 Free Communications (LR)			
16.15-17.30 Workshops (LR)			Players with disabilities	Psychology	Testing / Technology	Medical Sciences
			Teaching players with learning disabilities. M.T. Leitao (BRA)	Assessment of causes of anxiety in tennis. K. Farouk (EGY)	Computer-based video feedback system to improve technique. K. Woolcott (NZL)	Anthropometric profile of 14 & under Spanish players. C. Sánchez, M. Zabala, F. Ávila, & D. Sanz (ESP)
Periodisation / Planning	Biomechanics/ Technical	Psychology	An analysis of some of the similarities and differences in the SV, the GS and netplay between standing players and wheelchair tennis players. M. Bullock (ITF)	Biofeedback technique in mental training of tennis player – preliminary case study. K. Wilinska & P. Unierzyski (POL)	Total tactical analysis for tennis. H. Bendrey (IND)	Activity patterns, lactate profiles and ratings of perceived exertion during a professional singles tournament. J. Fernandez et al. (ESP)
Update on the USA Tennis High Performance Progressive Development Pathway. P. Lubbers (USA)	Update on ITF technical programmes. S. Miller (ITF)	Learn to believe (LR) A. Quinn (AUS)	Physical conditioning issues with wheelchair tennis players. D. Sanz (ESP)	Marketing the game to the psychology of the tennis player. F. Barrientos (CHI)	Development of a tennis specific test for the arm movement and evaluation of a tennis specific speed training method. J. Landlinger & U. Benko (AUT)	Basic body dimensions of tennis players - optimisation process. F. Vaverka & M. Cernosek (CZE)
Planning for juniors 11-14 years old. P. Unierzyski (POL)	The principle of non-repeatability of movement. R. Schonborn (GER)	Charting momentum. A. Higham (GBR)	Challenges in coaching wheelchair tennis players. M. Bullock (ITF) & D. Sanz (ESP)	Psychology of coach - player interaction. G. Granitto (ITF)	Field testing: a integrated approach. Practical tools for young players. A. Florit (ESP)	Anterior cruciate ligament rupture in adolescent female players. M. Toljan (AUT)
Overall plan. S. Martens (BEL)	Intervention: A Key Phase of the Analysis Process. B. Elliott (AUS)	Coaching strategies for helping players handle stress. D. Gould (USA)	18.30-19.00 Questions and answers. All keynote speakers of Tuesday and Wednesday.			
17.30-18.00 Coffee-break						
18.00 -19.00 Sports food practices of elite tennis players (LR) Page Love (USA)						
20.00 Official Opening Dinner						